

These notes are designed to be used by small groups on Zoom, by members of a family or by a couple of friends on the telephone. They are based on our Sunday sermons and are designed to help us all think through the issues raised about “God in my Everything”. You will get the most out of them if you have heard the sermon first.

## Sermon Date

Sunday, 8<sup>th</sup> August. Alan Hulme

## Bible Passages

Jonah 1: 17 – 2: 10, Rom 8:28.

## Theme & Introduction

Jonah, who is trying to run away from God’s call on his life, finally repents and God saves him.

## Questions

1. Read Jonah 1: 17 – 2: 10 together. Look at it in silence for a couple of minutes and then share anything particular that strikes you.
2. Alan said that people come into relationship with God in all kinds of ways, but they all have one thing in common. Everyone has to reach the point of saying, “OK God, I’ll do it your way, not my way.” Share any experiences you have in your journey of faith that echo that.
3. Have you gone through an experience like Jonah’s, when you felt alone, vulnerable and fearful? Jonah went through emotions of Abandonment (being real with God), Thankfulness, Repentance and Hope. Take each of those emotions in turn and discuss how important they are for spiritual growth. How did you react in your situation? Is there anything you would change if a similar thing happened to you now?
4. You will almost certainly know people who don’t know Jesus who are going through difficult times right now. What sort of things could you say that would bring them hope? [Note: Saying nothing or preaching sermons at them are not the right options!]
5. Have a look at Romans 8: 28. It is one of the key verses in the Bible about God’s sovereignty:  
*“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”*  
Do you have any experience of God bringing good out of a difficult situation either in your life or in the life of someone else?